

Friday 16h September 2016		
PRACTICE		
13.00	20" CHALLENGE (13 > MEN 25 +)	BLOC 2
15.05	20" CHALLENGE (7 > B 11/12)	BLOC 1
16.05	ALL 24" CHALLENGE	BLOC 1
	BREAK	
16.30	WJ + WE	BLOC 3
17.05	MJ	BLOC 3
18.00	ME	BLOC 3
European BMX Cup ROUND 7 BLOC 3		
19.00	3 MOTOS BLOC 3	
20.20	ALL FINALS BLOC 3	
	NOTA : PODIUM BLOC 3 AFTER FINALS	

Saturday 17th September 2016		
European BMX Cup ROUND 7 BLOC 1 & 2		
09.00	WARM UP / GATE BLOC 1 (2 laps x 20")	
09.30	3 MOTOS BLOC 1 (average 40")	
10.45	WARM UP / GATE BLOC 2 (2 laps x 20")	
11.30	3 MOTOS BLOC 2 (average 40")	
13.40	ALL FINALS BLOCS 1 + 2	
16.00	PODIUM BLOCS 1 + 2	
European BMX Cup ROUND 8 BLOC 3		
17.00	WARM UP / GATE WJ + WE	
17.25	WARM UP / GATE MJ	
18.10	WARM UP / GATE ME	
19.00	3 MOTOS BLOC 3	
20.20	ALL FINALS BLOC 3	

Sunday 18th September 2016		
European BMX Cup ROUND 8 BLOC 1 & 2		
8.30	WARM UP / GATE BLOC 1 (2 laps x 20")	
9.00	3 MOTOS BLOC 1 (average 40")	
10.30	WARM UP / GATE BLOC 2 (2 laps x 20")	
11.15	3 MOTOS BLOC 2 (average 40")	
13.30	ALL FINALS BLOCS 1 + 2	
15.45	PODIUM BLOCS 1 + 2	